

Aura Global Schools- PMNA (Food Menu)			
June 16 - 21			
	Breakfast	Lunch	Evening Snacks
Monday	Puttu, Kadala Curry, Cornflakes with milk	Ghee rice Chicken curry, Onion salad, Paneer butter masala	Boost with Good day cashew biscuits
Tuesday	Dosa, Cocunut Chutney, Tomato chutney, Cornflakes with milk	Rice, Sambar, Vanpayar thoran, Avial, Curd, Semia payasam.	Horlicks with banana fritters
Wednesday	Idli, Coconut chutney, Sambar, Milk with bornvita	Rice, Paripp/Tomato curry ,Payar mezhukkupuratti, Masala curry, Pappad.	Horlicks with Bread butter jam
Thursday	Poori masala, Cornflakes with milk	Rice, Kachiya moru, Egg omlet, Green gran thoran, Gulab jamun	Horlicks with paripp vada
Friday	Thattu dosa, Channa masala, Cornflakes with milk	Rice, Sambar, Egg burji, Erisseri, Pappad, Rava kesari.	Boost with Ela ada
Saturday	Appam, Veg Stew, Corflakes with milk	Chicken Fried rice, Salad, Sause	Boost with Uzhunnu vada